

St. Peter's Episcopal Church
4250 N. Glebe Rd. Arlington, VA 22207
Office: (703) 536-6606

Lent 2020

"Blessed is the man who trusts in the Lord, whose trust the Lord is. He is like a tree planted by water that sends out its roots by the stream, and does not fear when heat comes, for leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit" (Jeremiah 17: 7-8).

In October 2003, while on retreat at the Monastery of Christ in the Desert, near Abiquiu, New Mexico I heard this reading during one of the monastic offices: "Blessed is the man who trusts in the Lord, whose trust is the Lord..." This passage seemed almost to have been written with the location of the monastery in mind. The monastery is located in the desert in the heart of a canyon formed by the Rio Chama that flows through it. From the patio outside my room, I often sat in silence between the hours of prayer gazing at the birch trees that lined the banks of the river. My eyes were continually drawn to the bright yellow birch leaves blazing in their final fall glory before they fell to the earth. In the midst of the high desert, these trees flourished because they found their source of nourishment in the waters of the Chama river.

Jeremiah employs the metaphor of a river in the desert to talk about God. Similarly, the trees represent the "blessed" men and women who are nourished and fed by God at all times. What strikes me about this image of Jeremiah is the passive action of the blessed person who trusts in the LORD. The trees do not have to work to draw nourishment, rather they quietly and patiently place themselves near the life-giving and life-sustaining stream of life so that neither heat nor drought bring them to ruin or destruction. In the time of drought, the trees are not anxious or full of worry but are able to rest in God's presence and are capable of bearing fruit, even in the harshest and driest of conditions.

This Lent, I encourage you to reflect on how you draw nourishment from the stream of God's love and mercy. This year's Wednesday evening program for adults will focus on the history of the King James Version of the Bible, one, if not the most, influential books in the English language.

It is my hope that our Lenten programs and the resources found in this booklet will help you find all that you need to draw you to prayer, contemplation, and silent rest in God's presence.

Faithfully yours,



The Rev. Dr. Craig A. Phillips,
 Rector

This booklet provides many resources to assist you in your daily Lenten devotions and readings. May you be drawn closer to our Savior Jesus Christ in this Lenten season.

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LENTEN CALENDAR

FEBRUARY

- 26 ASH WEDNESDAY**
 6:30 PM – Family Service: Holy Eucharist Rite II, with Imposition of Ashes
27 THURSDAY
 10:30 AM – Thursday Ears—Simon Peter: Flawed but Faithful Disciple
28 FRIDAY
 11:00 AM – Meals on Wheels
29 SATURDAY
 10:00 AM – Diocesan Visioning Session
 12:30 PM – *Joseph* Rehearsal

MARCH

- 1 SUNDAY – LENT I**
 8:00 AM – Holy Eucharist, Rite I
 9:00 AM – Holy Eucharist Rite II, Family Service
 10:00 AM – Adult Forum, Sunday School
 11:00 AM – Family Ministries: Bagels on the Back Deck
 11:00 AM – Holy Eucharist, Rite II
 12:30 PM – *Joseph* Rehearsal
3 TUESDAY
 7:30 PM – First Tuesday Committee Meetings
4 WEDNESDAY
 6:30 PM – Handbell Choir Practice
 6:30 PM – Lenten Program: *In the Beginning: The Story of the King James Bible and How It Changed a Nation, a Language, and a Culture*
 7:30 PM – Adult Choir Practice
 8:00 PM – Evensong
5 THURSDAY
 6:00 AM – SOME
 10:30 AM – Thursday Ears—Simon Peter: Flawed but Faithful Disciple
7 SATURDAY
 12:30 PM – *Joseph* Rehearsal
8 SUNDAY – LENT II
 8:00 AM – Holy Eucharist, Rite I
 9:00 AM – Holy Eucharist, Rite II, Family Service (Godly Play)
 10:00 AM – Adult Forum, Sunday School
 11:00 AM – Holy Eucharist, Rite II
 12:30 PM – *Joseph* Rehearsal
9 MONDAY
 7:30 PM – Finance Committee Meeting
10 TUESDAY
 12:00 PM – Lunch Bunch
 7:30 PM – Second Tuesday Committee Meetings
11 WEDNESDAY
 6:30 PM – Lenten Program: *In the Beginning: The Story of the King James Bible and How It Changed a Nation, a Language, and a Culture*
 8:00 PM – Evensong
12 THURSDAY
 10:30 AM – Thursday Ears—Simon Peter: Flawed but Faithful Disciple

Miss Hunnicutt’s Hat by Jeff Brumbeau. When the residents of Littleton hear that the Queen is coming to town, they immediately begin to beautify the town. They are scandalized when Miss Hunnicutt appears wearing a new hat from Paris with a chicken on it. “It has to go!” the people all say. But Miss Hunnicutt stands up for her right to wear what she likes. (Kindergarten to 3rd Grade).

Because of Winn-Dixie by Kate DiCamillo. (Newbery Honor Book, 2001). The story of a ten-year-old girl named Opal who lives in Naomi, Florida with her preacher father and a big brown stray dog she meets one day on an errand to the local grocery store.

The Grannyman by Judith Byron Schachner. Simon is an old cat who becomes quite discouraged in his old age. His family comes up with solution to cure Simon's blues: a new kitten! His new and unexpected companion lifts Simon's spirits and earns him a new nickname.

If you Give a Mouse a Cookie by Laura Numeroff. A wonderful book to read aloud to young children (ages 4-8).

The Giving Tree by Shel Silverstein. A classic children’s book that is also well-loved by adults.

The Velveteen Rabbit by Margery Williams. A nursery tale that tells of how, because of the love of a boy, a stuffed rabbit became real.

The Wind in the Willows by Kenneth Grahame. A classic tale for all ages of the joys and trials of friendship.

A LENTEN FAMILY PROJECT: “PRETZELS”

Pretzels? A Lenten project? Yes! Pretzels originated as a Lenten bread in the Middle Ages. Today, pretzels have become so much a part of everyday life, sold year round in grocery stores, snack counters and by street vendors, that their Lenten significance has been lost. Fasting, giving up meals altogether, or eating simplified meals has been a part of the Lenten tradition of self-discipline since the early New Testament Church. Thus, meal times became a focal point for Lenten prayer. In the Middle Ages, the monks at various monasteries in Europe conceived the idea of folding their bread sticks into the shape of arms folded in prayer. As they ate these “praying arm” bread sticks, they could continually focus on the meaning of Lent for their personal devotion.

Making pretzels is relatively easy and can be a fun project for the family. While you are making them, you can talk about where the practice started, why it was done, and why Lent is a time of prayer, devotion, and self-examination.

INGREDIENTS:

- | | |
|--------------------|----------------|
| 1½ cups warm water | 4-5 cups flour |
| 1 pkg. dry yeast | 2 egg whites |
| 1 teaspoon salt | Coarse salt |
| 1 tablespoon sugar | |

METHOD:

Dissolve the yeast in the warm water. Add sugar and salt; gradually stir in flour until the dough is stiff. Knead dough until smooth (about 10 minutes).

Divide dough into small pieces. Roll into ropes and twist into pretzel shape.

Brush with lightly beaten egg whites; sprinkle with coarse salt. Bake at 425 degrees F. for 12-15 minutes. (If you want hard pretzels reduce water to 1¼ cups and add ¼ cup melted margarine or butter.) These pretzels should be enjoyed right away!

Beginning to Pray by Anthony Bloom (1970). A spiritual classic. The author was the son of a Russian diplomat, a physician, a monk, and an archbishop of the Russian Orthodox Church in Great Britain. He died in 2003 at the age of 89. “The realm of God is dangerous,” Bloom wrote. “You must enter into it and not just seek information about it....The day when God is absent, when he is silent—that is the beginning of prayer.”

Life in Christ by Julia Gatta (2018). Applying her years of experience as pastor combined with her study of the spiritual wisdom of the past, Mother Julia explores common Christian practices and their underlying theology through an Episcopal lens. With particular reference to scripture, *The Book of Common Prayer*, and the wisdom of the Christian spiritual tradition, she illuminates methods readers may already be practicing and provides insight and guidance to ones that may be new to them.

Life Together by Dietrich Bonhoeffer (1954). In this book Bonhoeffer, a renowned Christian pastor professor, and author of The Cost of Discipleship recounts his unique fellowship in an underground seminary during the Nazi years in Germany. Giving practical advice on how life together in Christ can be sustained in families and groups, Life Together is bread for all who are hungry for the real life of Christian fellowship.

The Following three books were written by Rowan Williams, the Archbishop of Canterbury from 2002-2012.

Where God Happens: Discovering Christ in One Another (2007). In this book, Williams maintains that the place where "God happens" is to be found in our one-on-one encounters with each other. The book offers a fresh reading of the 4th century Christians who retreated to the deserts of Egypt, Syria, and Palestine and shows how their lives can serve as role models for us today, particularly within the Anglican Communion.

Being Disciples: Essentials of the Christian Life (2016). “Discipleship,” says Williams in this companion to his best-selling book, *Being Christian*, is a “state of being”: “Discipleship is about how we live; not just the decisions we make, not just the things we believe, but a state of being.” In his typically gentle, inviting, pastoral writing style, Williams offers biblically grounded wisdom for Christians in all stages of their journeys as disciples of Jesus.

The Sign and the Sacrifice: The Meaning of the Cross and Redemption (2017). Williams presents the Gospel accounts of Jesus’ crucifixion and resurrection as viewed through the eyes of those who witnessed them. This book explores the meaning and significance of Jesus’ cross and resurrection for both his earliest followers and us today.

The Scandalous Gospel of Jesus by Peter Gomes (2007). The late Peter Gomes was an entertaining preacher and writer. In one of his last books he redirects the reader's attention from Jesus himself to the content of Jesus’ message, reminding us that what Jesus actually had to say about society was and is in many ways ‘scandalous’ and uncomfortable.

LENTEN READING FOR CHILDREN

Lent is a good time to put into practice some family reading time. Books are a good way to begin a process of self-reflection by helping us to get inside the story, live it, ask questions about it, and let it challenge and shape our thoughts and ideas.

A Wrinkle in Time by Madeleine L'Engle. One of the most beloved children's books of all time and a 1963 Newbery Medal winner. (Age 9 and older).

The Quiltmaker’s Gift by Jeff Brumbeau. A magical tale about a greedy king and a generous quilt maker who gives the quilts she makes only to the poor.

Miss Rumphius by Barbara Cooney (ages 4-8). The story of how one woman brings beauty to her town after travelling all over the world and inspires a young girl. A sweet picture book to read aloud.

The Clown of God and Patrick: Patron Saint of Ireland by Tomie Depaola. Depaola writes beautifully illustrated books for elementary school aged children. The Clown of God is a moving story about a travelling juggler who takes refuge in a monastery at the end of his life. DePaola’s book on St Patrick provides a good introduction to the Irish saint just in time for St. Patrick’s Day.

13 FRIDAY

11:00 AM – Meals on Wheels

14 SATURDAY

12:30 PM – *Joseph* Rehearsal

15 SUNDAY – LENT III

8:00 AM – Holy Eucharist, Rite I

9:00 AM – Holy Eucharist, Rite II, Family Service (Godly Play)

10:00 AM – Adult Forum, Sunday School, Prayer Group

11:00 AM – Holy Eucharist, Rite II

12:30 PM – *Joseph* Rehearsal

18 WEDNESDAY

6:30 PM – Handbell Choir Practice

7:30 PM – Adult Choir Practice

19 THURSDAY

7:00 AM – Men’s Breakfast

10:30 AM – Thursday Ears—Simon Peter: Flawed but Faithful Disciple

20 FRIDAY

7:00 PM – *Joseph and the Amazing Technicolor Dreamcoat*

21 SATURDAY

7:00 PM – *Joseph and the Amazing Technicolor Dreamcoat*

22 SUNDAY – LENT IV

8:00 AM – Holy Eucharist, Rite I

9:00 AM – Holy Eucharist, Rite II, Family Service (Godly Play)

10:00 AM – Adult Forum

11:00 AM – Holy Eucharist, Rite II

3:00 PM – *Joseph and the Amazing Technicolor Dreamcoat*

25 WEDNESDAY

6:30 PM – Lenten Program: *In the Beginning: The Story of the King James Bible and How It Changed a Nation, a Language, and a Culture*

8:00 PM – Evensong

26 THURSDAY

10:30 AM – Thursday Ears—Simon Peter: Flawed but Faithful Disciple

29 SUNDAY – LENT V

8:00 AM – Holy Eucharist, Rite I

9:00 AM – Holy Eucharist, Rite II, Family Service (Godly Play)

10:00 AM – Adult Forum, Sunday School

11:00 AM – Holy Eucharist, Rite II

3:00 PM – Family Ministries Outing: YMCA

APRIL

1 WEDNESDAY

6:00 PM – Youth Choir Practice

6:30 PM – Lenten Program: *In the Beginning: The Story of the King James Bible and How It Changed a Nation, a Language, and a Culture*

6:30 PM – Handbell Choir Practice

7:00 PM – Godzilla

7:30 PM – Adult Choir Practice

8:00 PM – Evensong

2 THURSDAY

6:00 AM – SOME

10:30 AM – Thursday Ears—Simon Peter: Flawed but Faithful Disciple

5 SUNDAY – PALM SUNDAY

8:00 AM – Holy Eucharist, Rite I

9:00 AM – Holy Eucharist, Rite II, Family Service

10:00 AM – Adult Forum, Sunday School

11:00 AM – Holy Eucharist, Rite II

7 TUESDAY

7:30 PM – First Tuesday Committee Meetings

- 9 **MAUNDY THURSDAY**
6:30 PM – Maundy Thursday Service
- 10 **GOOD FRIDAY**
12:00 PM – Good Friday Liturgy
7:30 PM – Good Friday Liturgy
- 11 **HOLY SATURDAY**
7:45 PM – Easter Vigil
- 12 **SUNDAY– EASTER SUNDAY**
8:00 AM – Holy Eucharist Rite I
9:00 AM – Holy Eucharist Rite II, Family Service (No Godly Play)
10:00 AM – Easter Egg Hunt (3rd Grade and Younger)
11:00 AM – Holy Eucharist, Rite II
- 13 **MONDAY** *Office Closed*
- 14 **TUESDAY** *Office Closed*

Many people like to read a book or two during Lent to deepen their understanding of how God works in their lives. Here is a list of different sorts of books each of which will challenge and enrich the sensitive reader:

The King James Version of the Bible (KJV) and the *Book of Common Prayer* (BCP) are among the most important and influential books in the English language. The following two books are highly recommended.

In the Beginning: The Story of the King James Bible and How It Changed a Nation, a Language, and a Culture by Alister McGrath (2002). This book will be the focus of our Wednesday night Lenten Series. This remarkable history of the King James Version of the Bible examines the intrigue and drama that led to the creation of an authorized English translation of the Holy Scriptures and explores the profound influence that the King James Bible has had on the development of modern English language and thought.

The Book of Common Prayer: A Biography by Alan Jacobs (2013). In this fascinating “biography” of the BCP the author traces its history from Archbishop Thomas Cramner’s study in the early 1530’s to modern versions adapted from it and their use in churches in the Anglican Communion, including our own Episcopal Church. The goal of these versions he maintains “is to be living words in the mouths of those who have a living faith.”

The Hymnal 1982. Many of the hymns in the hymnal of the Episcopal Church provide excellent material for prayer and meditation. Some are ancient; others are not. Why not meditate on a different unfamiliar hymn text each day during Lent?

Crazy Episcopalians: A Call to Follow Jesus by Michael B. Curry (2013). “What the Church needs, what this world needs, are some Christians who are as crazy as the Lord,” writes Michael Curry, the current Presiding Bishop of the Episcopal Church. “Crazy enough to love like Jesus, to give like Jesus, to forgive like Jesus, to do justice, love mercy, walk humbly with God—like Jesus.”

Gracious Christianity: Living the Love We Profess, by Douglas Jacobsen and Rodney J. Sawatsky (2006). Brian McLaren wrote that this book is, “a beautiful, intelligent, and readable introduction to Christian faith. It will be of help to people approaching the faith for the first time, eager to see it as a grace-filled and peaceable way of life and not as an argumentative and tensely held dogma. It will also be a great help to people who are Christians but want to get a fresh vision of what their faith can mean in their lives and in our world.

Community Rules: An Episcopal Manual by Ian S. Markham and Kathryn Glover (2019). This short book by the Dean and Vice-President (respectively) of Virginia Theological Seminary identifies the Christian principles that underpin Episcopal community. It is an excellent resource for those serving parishes as leaders, volunteers, and employees in how to live everyday life together as it should be lived within the church.

If There’s Anything I Can Do: What you Can Do When Serious Illness Strikes, by Josephine H. Hicks (2011). In this short book the author offers “her precious literary gift of gentle reflective wisdom and of wise practical advice to those often so unexpectedly called to be care-givers of loved ones.”

A Way Other than our Own: Devotions in Lent by Walter Bruggemann (2017). Daily Lenten meditations by the perhaps the preeminent Old Testament scholar of our time. Reflecting on Isaiah 55:6-7, “Seek the LORD while he may be found, call upon him while he is near; let the wicked forsake their way, and the unrighteous their thoughts; let them return to the LORD, that he may have mercy on them, and to our God, for he will abundantly pardon,” Brueggemann focuses the reader’s attention on four key “Lenten verbs,” *seek, call, forsake, and return*.

R. S. Thomas. Everyman’s Poetry. The Welsh poet-priest R.S. Thomas (1913–2000) struggled with some of the same matters of faith that faced poets such as Mathew Arnold and Wallace Stevens, but unlike them he remained firmly rooted in the Christian tradition that his predecessors had abandoned. Thomas was born in Cardiff. He studied classics, then theology and, after ordination as an Anglican priest, served six rural Welsh parishes for most of his life. His first book of poems was published in 1946. He won the Queen’s Gold Medal for Poetry in 1964.

Wednesday Night Lenten Program 2020 at St. Peter’s

The King James Version of the Bible (KJV) and the *Book of Common Prayer* (BCP) are among the most important and influential books in the English language. Last year our Wednesday Night Lenten Program focused on the origin and history of the BCP. This year, we will examine the history and lasting influence of the KJV. Our discussions will be based on the book, *In the Beginning: The Story of the King James Bible and How It Changed a Nation, a Language, and a Culture* by Alister McGrath (Anchor Books, 2002). This remarkable history of the King James Version of the Bible examines the intrigue and drama that led to the creation of an authorized English translation of the Holy Scriptures and explores the profound influence that the King James Bible has had on the development of modern English language and thought.

If you wish to participate in this year’s program you can purchase paperbacks at a list price of \$16.95. You also can purchase a copy on Amazon for around \$15 and for \$14 on the Kindle.

Participants will be asked to read three chapters per meeting (as assigned below) in advance of the session. Our Rector, Fr. Craig Phillips, will provide supplemental handouts and other resources so that we can delve more deeply into what we have read with greater understanding. He will also serve as a resource to our discussions.

Dates and Reading Assignments

- March 4 — Chapters 1, 2, 3
- March 11 — Chapters 4, 5, 6
- March 18 — No meeting
- March 25 — Chapters 7, 8, 9
- April 1 — Chapters 10, 11 12

We will meet in the parish hall, beginning at 6:30PM with a simple dinner of bread and soup. The program will begin at 7:00PM and end at 8:00PM at which time we will join the choir in the nave of the church for an abridged version of Evensong. We should be done by 8:15PM.

We look forward to seeing you at St. Peter’s this Lenten season!

FIFTH SUNDAY IN LENT

O Almighty God, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

SUNDAY	John 8:46-59	THURSDAY	Mark 10:17-31
MONDAY	Mark 9:30-41	FRIDAY	Mark 10:32-45
TUESDAY	Mark 9:42-50	SATURDAY	Mark 10:46-52
WEDNESDAY	Mark 10:1-16		

THE SUNDAY OF THE PASSION: PALM SUNDAY

Almighty and everlasting God, who, of thy tender love towards mankind, hast sent thy Son our Savior Jesus Christ to take upon him our flesh, and to suffer death upon the cross, that all mankind should follow the example of his great humility: Mercifully grant that we may both follow the example of his patience, and also be made partakers of his resurrection; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

PALM SUNDAY	Luke 19:41-48***	MAUNDY THURSDAY	Mark 14:12-25
MONDAY	Mark 11:12-25	GOOD FRIDAY	John 13: 36-38 ** John 19: 38-42***
TUESDAY	Mark 11:27-33	HOLY SATURDAY	Romans 8: 1-11***
WEDNESDAY	Mark 12:1-11	EASTER DAY	John 1: 1-18** Luke 24:13-35 or John 20: 19-23***

** Intended for use in the morning. *** Intended for use in the evening.

THE WOUNDED LAMB OF GOD represents Jesus crucified. The lamb holds a cross. The blood, which flows into a chalice, signifies the body and blood of Christ (communion). The three-rayed nimbus (halo) signifies a member of the Trinity. This is a symbolic rendering of "the Lamb of God who takes away the sin of the world" (John 1:29).



EXHORTATION TO THE OBSERVANCE OF A HOLY LENT

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and It became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need that all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word.

From *The Book of Common Prayer*

TWO WOODCUTS BY ALBRECHT DÜRER
from c. 1500

The parable of the sower



The feeding of the five thousand



A SIMPLE FAMILY LENTEN SERVICE FOR DAILY USE

LEADER: Grace to you and peace from God our Father and the Lord Jesus Christ.
 ALL: Thanks be to God.
 LEADER: Rend your heart, and not your garments and turn unto the Lord your God.
 ALL: For he is gracious and merciful, slow to anger and of great kindness.
 LEADER: *(Reads the Bible passage suggested for the day — see list below.)*
 ALL: Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.
 LEADER: Let us pray. *(The Collect for the week is read by the Leader, or said in unison by all. Additional prayers may be said for the Church, the family, those in sickness or trouble, etc.)*
 ALL: **The Lord's Prayer.**
 LEADER: The almighty and merciful Lord — Father, Son, and Holy Spirit — bless us and keep us. Amen.

COLLECTS AND SUGGESTED BIBLE PASSAGES FOR LENT

ASH WEDNESDAY

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

ASH WEDNESDAY	Luke 18:9-14	FRIDAY	John: 17:9-19
THURSDAY	John 17:1-8	SATURDAY	John: 17:20-26

FIRST SUNDAY IN LENT

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

SUNDAY	John 12:44-50	THURSDAY	Mark 2:1-12
MONDAY	Mark 1:1-13	FRIDAY	Mark 2:13-22
TUESDAY	Mark 1:14-28	SATURDAY	Mark 2:23—3:6
WEDNESDAY	Mark 1:29-45		

SECOND SUNDAY IN LENT

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. Amen.

SUNDAY	John 5:19-24	THURSDAY	Mark 4:21-34
MONDAY	Mark 3:7-19a	FRIDAY	Mark 4:35-41
TUESDAY	Mark 3:19b-35	SATURDAY	Mark 5:1-20
WEDNESDAY	Mark 4:1-20		

THIRD SUNDAY IN LENT

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

SUNDAY	John 5:25-29	THURSDAY	Mark 6:30-46
MONDAY	Mark 5:21-43	FRIDAY	Mark 6:47-56
TUESDAY	Mark 6:1-13	SATURDAY	Mark 7:1-23
WEDNESDAY	Mark 6:13-29		

FOURTH SUNDAY IN LENT

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

SUNDAY	John 6:27-40	THURSDAY	Mark 8:27—9:1
MONDAY	Mark 7:24-37	FRIDAY	Mark 9:2-13
TUESDAY	Mark 8:1-10	SATURDAY	Mark 9:14-29
WEDNESDAY	Mark 8:11-26		

